
VALOR CHRISTIAN HIGH SCHOOL

INFLUENCE THROUGH EXCELLENCE

OUTDOOR EDUCATION

The core philosophy of outdoor education at Valor Christian High School to use education in the out of door to draw students into a deeper relationship with Christ, a fuller understanding of themselves, to develop an ethic of environmental stewardship, and for them to make new life connections through active personal involvement in there own learning.

OED 105

Adventure Sport

The adventure sport class will cover indoor rock climbing, snow skiing, mountain biking, archery, and fencing. Each of these sports will be covered in depth to promote a deeper understanding of the given sport. Students will get a chance to learn the theory behind the sport and then put that knowledge into first-hand practice. This course is intended to develop general exposure and awareness. Competency for participation in these sports out side of the class is not within the scope of this course.

Grade: 10,11,12; **Prerequisites:** None; **Term:** Semester;
Credit: 0.5; **Fee required:** See Valor website for details.

OED 115

Introduction to Outdoor Leadership

The Intro to outdoor leadership class will take students through the necessary elements of leading themselves and others into the wilderness. The class will cover topics such as leadership styles and group dynamics to discover the way that these two relate, they will have ample opportunity practice these skills. Towards the end of the course students will be given a budget to plan and execute a four-day wilderness trip in either Colorado or Utah. Trip participation is a large part of students overall grade.

Grade: 10,11,12; **Prerequisites:** None; **Term:** Semester;
Credit: 0.5; **Fee required:** See Valor website for details.